

XXXIII. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf 100km

RANKING	NO.	NAME	CLUB	NAT	RESULT	TOTAL AGE CLAAS	
1	1. M40	153 Thomas Frieden	LSV Winterthur	CH	07:52:04	00:22:39	00:44:45
						02:13:03	02:35:28
						04:05:56	04:28:58
						06:07:36	06:33:28
						01:06:37	01:28:42
						02:57:55	03:20:10
						04:52:39	05:16:42
						06:59:15	07:25:19
						01:51:00	03:42:46
						05:42:08	07:52:04
2	2. M40	143 Jan Becher	Hohen Neuendorf	DE	09:07:57	00:26:30	00:52:58
						02:37:47	03:04:02
						04:50:33	05:18:08
						07:11:10	07:40:26
						01:19:20	01:45:27
						03:30:22	03:57:08
						05:45:38	06:14:06
						08:10:08	08:39:34
						02:11:32	04:23:44
						06:42:27	09:07:57
3	1. M30	171 Tell Wollert	Laufend aktiv	DE	09:13:27	00:26:39	00:54:27
						02:43:11	03:09:55
						04:59:34	05:30:46
						07:22:42	07:52:17
						01:21:11	01:47:26
						03:36:27	04:05:18
						06:02:16	06:28:24
						08:21:59	08:49:39
						02:14:39	04:32:49
						06:55:49	09:13:27
4	1. M45	164 Gunnar Schad	Laufend aktiv	DE	09:55:55	00:26:39	00:54:26
						02:43:11	03:09:55
						04:59:34	05:30:46
						07:44:41	08:19:51
						01:21:11	01:47:26
						03:36:27	04:05:19
						06:02:58	06:35:22
						08:57:22	09:30:05
						02:14:39	04:32:49
						07:11:10	09:55:55
5	1. W40	149 Heike Christ	Lt Sulz am Eck	DE	10:25:25	00:30:55	01:02:20
						03:05:36	03:35:58
						05:42:54	06:14:13
						08:19:09	08:51:09
						01:32:45	02:05:15
						04:06:46	04:37:24
						06:45:19	07:16:06
						09:23:10	09:54:50
						02:35:40	05:08:49
						07:47:56	10:25:25
6	1. M20	161 Sven Mühlberg	Dresdner Ruderclub	DE	10:25:26	00:32:24	01:03:13
						03:06:29	03:36:31
						05:38:28	06:08:22
						08:11:38	08:43:54
						01:33:56	02:04:30
						04:08:38	04:38:10
						06:38:04	07:07:25
						09:17:31	09:52:47
						02:36:39	05:08:27
						07:40:18	10:25:26
7	1. M55	146 Volker Krause	0	DE	10:27:23	00:27:46	00:55:18
						02:47:57	03:17:36
						05:27:07	06:03:56
						08:14:53	08:47:30
						01:23:06	01:51:07
						03:48:10	04:20:20
						06:38:02	07:09:49
						09:21:46	09:54:48
						02:19:15	04:53:05
						07:41:53	10:27:23
8	2. M55	157 Günter Janiszewski	DUV	DE	10:36:22	00:29:12	00:57:51
						02:55:16	03:26:03
						05:25:46	05:56:44
						08:05:21	08:40:12
						01:27:43	01:56:56
						03:56:46	04:26:44
						06:27:16	06:58:42
						09:15:58	09:53:23
						02:26:22	04:56:58
						07:32:31	10:36:22
9	1. M50	154 Thomas Frunzke	Storkow	DE	10:37:57	00:29:46	01:00:56
						03:05:30	03:35:49
						05:39:09	06:10:48
						08:23:28	08:59:04
						01:32:43	02:06:34
						04:06:32	04:37:23
						06:42:06	07:13:56
						09:33:46	10:09:38
						02:35:19	05:07:46
						07:46:15	10:37:57
10	2. M50	162 Dirk Richter	LG Mauerweg Berlin	DE	10:42:35	00:29:57	00:59:38
						03:03:47	03:32:51
						05:40:38	06:15:56
						08:28:16	09:04:13
						01:29:31	01:59:53
						04:04:12	04:35:58
						06:47:43	07:20:32
						09:37:57	10:11:14
						02:30:30	05:07:46
						07:54:32	10:42:35
11	3. M50	170 Roland Vater	DUV	DE	10:49:27	00:28:20	00:56:25
						02:51:35	03:20:40
						05:23:50	05:57:52
						08:22:26	08:59:14
						01:25:04	01:53:43
						03:50:22	04:21:28
						06:32:46	07:11:50
						09:36:26	10:17:03
						02:22:26	04:52:04
						07:46:22	10:49:27

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RANKING	NO.	NAME	CLUB	NAT	RESULT	TOTAL AGE CLAAS	
12	4. M50	145 Hendrick Fenz	0	DE	10:53:20		
		00:29:10	00:57:22	01:25:04	01:52:39	02:20:29	
		02:48:55	03:18:34	03:49:15	04:25:59	04:59:08	
		05:35:17	06:12:34	06:48:45	07:24:56	08:01:31	
		08:38:07	09:14:20	09:51:22	10:23:17	10:53:20	
13	1. M60	150 Jürgen Beck	SSV Buer 07/28	DE	10:53:32		
		00:31:03	01:02:40	01:34:13	02:04:57	02:35:38	
		03:06:28	03:37:47	04:08:32	04:40:35	05:13:23	
		05:49:35	06:23:21	06:57:18	07:30:44	08:09:11	
		08:42:38	09:15:32	09:48:18	10:21:31	10:53:32	
14	2. M45	169 Gerd Teichert	TSG Seelow	DE	10:54:11		
		00:29:16	00:58:54	01:28:35	01:59:01	02:28:41	
		02:59:02	03:29:13	04:00:36	04:31:22	05:04:08	
		05:36:05	06:10:48	06:46:24	07:20:57	07:55:25	
		08:29:32	09:06:19	09:44:16	10:21:48	10:54:11	
15	2. M20	142 Magnus Kalaß	BSC	DE	10:59:32		
		00:34:36	01:09:49	01:44:00	02:13:48	02:42:56	
		03:12:10	03:42:12	04:10:37	04:40:46	05:10:31	
		05:40:26	06:15:21	06:46:19	07:17:56	07:51:02	
		08:25:05	09:00:36	09:38:04	10:17:25	10:59:32	
16	5. M50	144 Thomas Steinicke	SGW 05 Berlin	DE	11:18:13		
		00:30:24	00:59:21	01:29:23	01:59:58	02:29:01	
		03:01:06	03:30:19	04:01:28	04:31:34	05:03:51	
		05:37:26	06:20:05	06:53:34	07:37:22	08:09:56	
		08:50:33	09:22:07	10:05:47	10:39:09	11:18:13	
17	6. M50	159 Peter Kolar	Eich	CH	11:28:07		
		00:33:49	01:07:17	01:39:46	02:12:46	02:47:37	
		03:20:27	03:53:35	04:27:17	05:01:57	05:35:32	
		06:09:28	06:44:41	07:18:44	07:52:39	08:28:35	
		09:03:21	09:39:49	10:15:11	10:52:37	11:28:07	
18	3. M40	147 Kai Eichler	LG Bodensee	DE	12:17:28		
		00:29:58	01:00:23	01:31:14	02:02:46	02:35:18	
		03:08:04	03:42:39	04:18:07	04:54:13	05:30:30	
		06:08:23	06:44:33	07:24:09	08:04:34	08:45:11	
		09:26:23	10:06:57	10:49:49	11:32:58	12:17:28	